

October 11, 2010

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Cardiovascular Disease Statistics

Estimates for the year 2006 are that 81,100,000 people in the United States have one or more forms of cardiovascular disease (CVD).

- High blood pressure — 73,600,000.
- Coronary heart disease — 17,600,000.
 - Myocardial infarction (mi"o-KAR'de-al in-FARK'shun) (acute heart attack) — 8,500,000.
 - Angina pectoris (AN'jih-nah or an-JI'nah PEK'tor-is) (chest pain or discomfort caused by reduced blood supply to the heart muscle) — 10,200,000.
- Stroke — 6,400,000.
- Heart Failure — 5,800,000

Cardiovascular diseases

- Claimed 831,272 lives in 2006 (final mortality) (34.3 percent of all deaths or 1 of every 2.9 deaths).
- Other final 2006 mortality: total cancer 559,888; accidents 121,599; HIV (AIDS) 12,113.
- Over 151,000 Americans killed by CVD in 2006 were under age 65.
- 2006 final death rates from CVD were 306.6 for white males and 422.8 for black males; for white females 215.5 and for black females 298.2. (Death rates are per 100,000 population. The rates listed use the year **2000** standard U.S. population as the base for age adjustment.)
- From 1996 to 2006, death rates from CVD declined 29.2 percent.
- In the same 10-year period the actual number of deaths declined 12.9 percent.

Coronary heart disease

Coronary heart disease is caused by atherosclerosis (ath"er-o-skleh-RO'sis), the narrowing of the coronary arteries due to fatty build ups of plaque. It's likely to produce angina pectoris (chest pain), heart attack or both.

- Coronary heart disease caused 425,425 deaths in 2006 and is the single leading cause of death in America today.
- 17,600,000 people alive today have a history of heart attack, angina pectoris or both. This is about 9,200,000 males and 8,400,000 females.
- This year an estimated 1.26 million Americans will have a new or recurrent coronary attack.
- There are about 295,000 EMS-assessed out-of-hospital cardiac arrests annually in the United States.
- From 1996 to 2006 the death rate from coronary heart disease declined 36.4 percent.
- In 2006, coronary heart disease death rates per 100,000 people were 176.3 for white males and 206.4 for black males; and 101.5 for white females and 130.0 for black females. (Death rates are per 100,000 population. The rates use the year **2000** standard population for age adjustment.)

Mortality — The total number of deaths from a given disease in a population during a specific interval of time, usually a year.

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Prevalence — The total number of cases of a given disease existing in a population at a specific point in time.

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